

An Introduction to ISLAM



Today we will...

Learn...

- ❖ Know about the main beliefs and principles of Islam.
- ❖ Understand some of the key Islamic Values
- ❖ Know about the Holy Book in Islam - the Holy Qur'an
- ❖ Understand how and where Muslims offer prayers.

Activities...

- ❖ Worksheets
- ❖ Videos
- ❖ Online Quiz





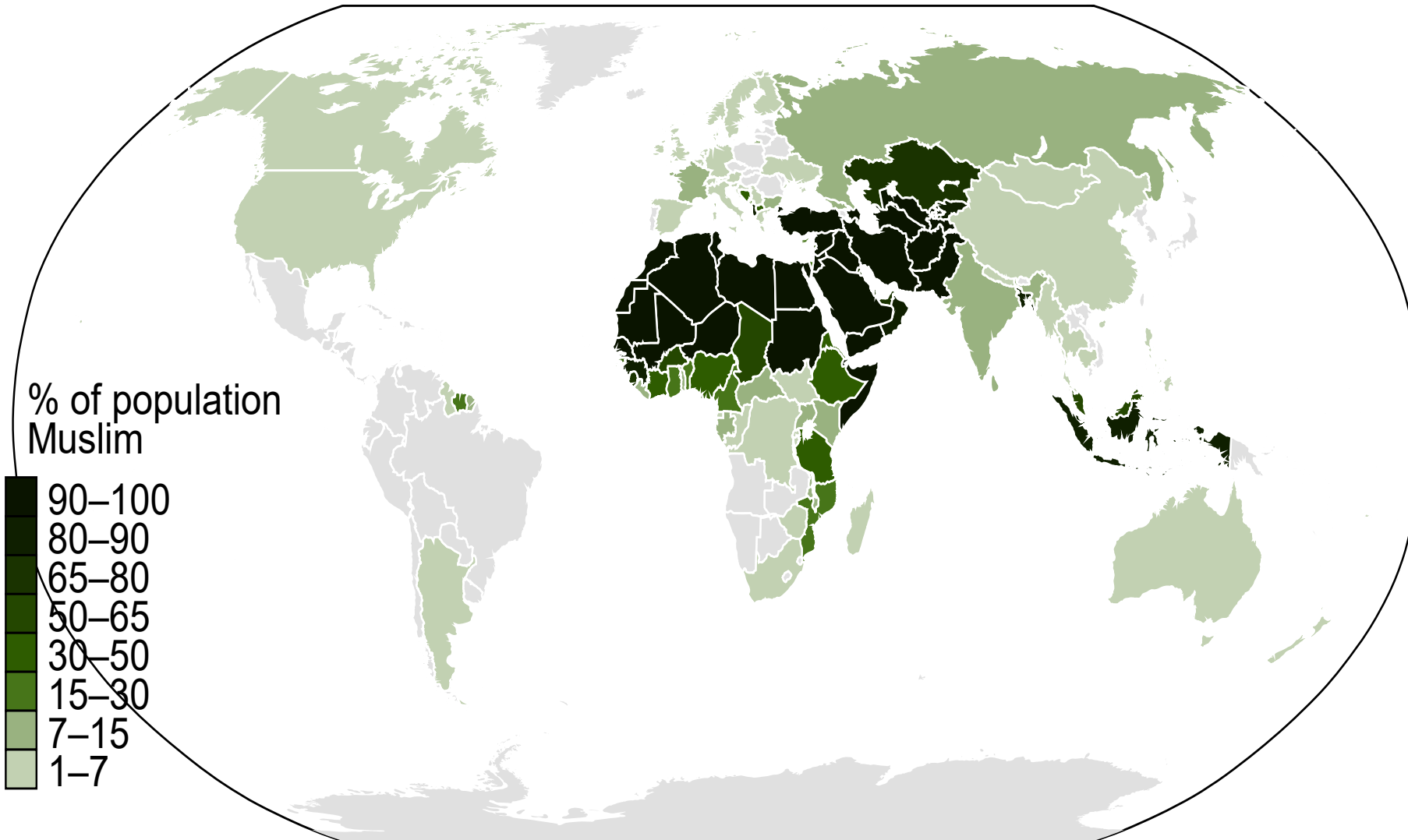
Islam - A Religion of Peace

- ❖ The word Islam means **peace** and **obedience**.
- ❖ Islam was founded over 1400 years ago by the Holy Prophet Muhammad (peace and blessings of Allah be upon him).
- ❖ The followers of Islam are called Muslims.

https://drive.google.com/file/d/11HnXvnPwte66wCLG8D9MG9LXL2_dil6f/view?usp=sharing

Play the video
to learn about
Islam!

Muslims around the World



- ❖ There are over 1.8 billion Muslims in the world*.
- ❖ Islam is the fastest growing religion on the planet*.

Can you identify any of the continents that have a large population of Muslims?

Allah

- ❖ Muslims believe in One God, Allah.
- ❖ The word 'Allah' literally means **The One**.
- ❖ This belief is the first pillar of Islam.
- ❖ Allah has **over 100 attributes (qualities)**, such as:
 - ❖ Lord of all the Worlds
 - ❖ The Gracious
 - ❖ The Merciful
 - ❖ The Wise

Does your name have a meaning?



الله

The Holy Qur'an

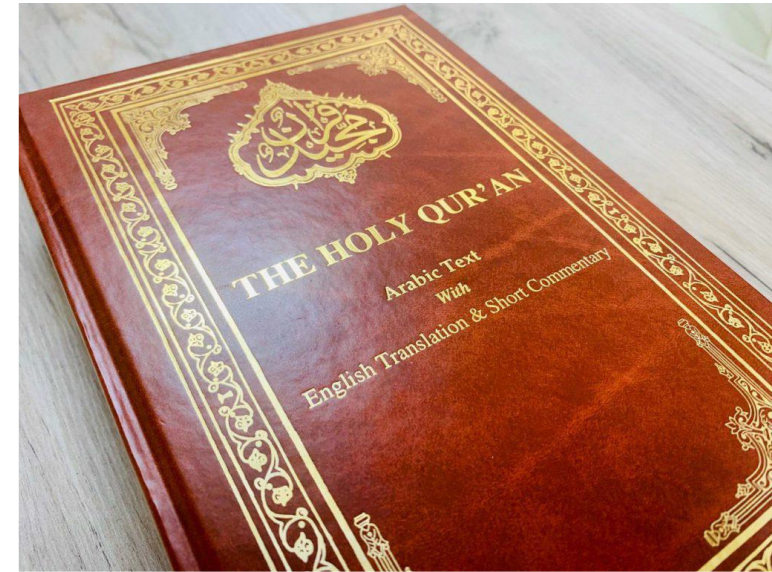


- ❖ The Holy Qur'an is the Holy Book for Muslims.
- ❖ It was revealed to the **Holy Prophet Muhammad** (peace and blessings of Allah be upon him) by **Allah**, through the **Angel Gabriel** over a period of **23 years**.

Did you know?

The Holy Qur'an is the most memorised and most well-read book in human history! There is also a Holy Qur'an in Braille to help those who are visually impaired.

Play the video to learn more about the Holy Qur'an →



<https://drive.google.com/file/d/11CWnxFcXXWM8QfgnNvVcrdqlqWe52naD/view?usp=sharing>

The Holy Prophet Muhammad (peace and blessings of Allah be upon him)

- ❖ The Holy Prophet Muhammad (peace and blessings of Allah be upon him) was born in 570 AD in Makkah (also spelt 'Mecca') in Saudi Arabia. He was a prophet and a messenger of Allah. This means that he brought Allah's message of Islam to the world.
- ❖ The Holy Prophet Muhammad (peace and blessings of Allah be upon him) is a role model for all Muslims.
- ❖ The sayings of the Holy Prophet (peace and blessings of Allah be on him) are called '**Hadith**'.
- ❖ The traditions and practices of the Holy Prophet (peace and blessings of Allah be on him) are called '**Sunnah**'.



Who is a role model for you?

Islamic Beliefs and Principles



5 Pillars of Islam

- ❖ Shadahah (Declaration of Faith)
- ❖ Salat (Prayer)
- ❖ Sawm (Fasting)
- ❖ Zakat (Charity)
- ❖ Hajj (Pilgrimage)

What beliefs or principles are important to you?

6 Articles of Faith

- ❖ Belief in the Oneness of God
- ❖ Belief in Allah's Angels
- ❖ Belief in the Books of Allah
- ❖ Belief in Allah's Prophets
- ❖ Belief in the Day of Judgment
- ❖ Belief in the Decree of Allah

SALAT



- ❖ Salat is a prescribed form of prayer.
- ❖ It is an essential part of being a Muslim.
- ❖ It helps Muslims grow closer to Allah and helps to purify the soul.
- ❖ There are **5** Salat prayers a day at various times.
- ❖ Prayers can be said at the **Mosque** or at home on a prayer mat.
- ❖ The Call to Prayer is called the **Adhan**.
- ❖ Muslims cover their head whilst praying.
- ❖ There are different positions in Salat, with various prayers recited in **Arabic**. Click below to see the different Salat positions:

www.youtube.com/watch?v=Y5l7YL77w7o



Largest mosque in UK: Baitul Futuh in London

Islamic Values



Some important Islamic values include:

- ❖ Justice and Fairness
- ❖ Respect and Tolerance
- ❖ Kindness and Consideration
- ❖ Truth and Honesty
- ❖ Loyalty to one's country
- ❖ No compulsion in religion
- ❖ Equality amongst all races & nationalities



Can you think of some values important to you?

Modesty in Islam

- ❖ What is Modesty?
- ❖ Islam teaches both men and women to observe modesty.
- ❖ Play the video to learn more about the Islamic teachings on modesty.

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The Islamic Veil

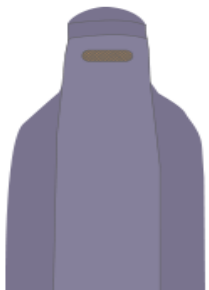
Did you know?

The most common type of head covering worn in Britain is the Hijab.

- ❖ Observing the veil is part of a Muslim woman's faith.
- ❖ It represents a symbol of protection, respect and dignity.
- ❖ It enables women to be recognised for their intelligence, personality and academic achievements rather than their outward appearance.

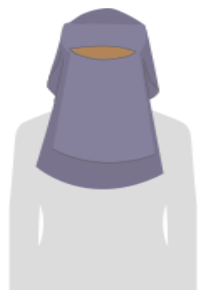
Head coverings worn by Muslim women

BBC



Burka

Full body, covers entire face, a mesh screen covers the eyes



Niqab

Veil for the face, eyes remain visible



Hijab

Square scarf covers head and neck



Chador

Full-body cloak



Shayla

Long scarf, wrapped around the head



Al-Amira

Two-piece headscarf



Khimar

Cape-like, covering hair, neck and shoulders

Muslim Festivals

- ❖ There are two main festivals that are celebrated in Islam:
 - ❖ **Eid-ul-Fitr** is celebrated at the end of the Holy month of Ramadan.
 - ❖ **Eid-ul-Adha** is celebrated at the end of the Hajj pilgrimage.

Play the video to listen to Aimen tell us about how she celebrates Eid!

https://drive.google.com/file/d/18y_AWtmGPXms6tHHsqy5HuP_LDlr_dpn/view?usp=sharing



Do you
celebrate
any festivals
or special
days?

Quiz Time

Let's try the Quick Recap Quiz:

https://docs.google.com/forms/d/e/1FAIpQLSeoQWqRBOrp7BS9xU3Ncl4o9tXb-XxVzoaD5yUM848oaNMSpQ/viewform?usp=sf_link

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