

The Holy
Month
of
Ramadan





Today we will be :



Learning...

- ❖ What Ramadan is.
- ❖ What Muslims do during Ramadan.
- ❖ Know about the special Muslim Festival that takes place at the end of Ramadan.

Activities...

- ❖ Watch a Video about Ramadan
- ❖ Worksheets
- ❖ Class quiz!



What is Ramadan?



- ❖ Ramadan is a Holy month in the Islamic calendar during which Muslims fast.
- ❖ Muslims are followers of a religion called Islam.
- ❖ Fasting is one of the 5 Pillars of Islam. This means it is very important for Muslims.

THINK!

Fasting exists in many religions. Can you think of any other religions where followers also fast?



CHRISTIAN



JUDAIC



ISLAM



HINDU



BUDDHIST

What is Ramadan? Video Time!

[Ramadan.mp4 - Google Drive](#)

Play the
video to
watch
Bareera
tell us
more
about
Ramadan!

When is Ramadan?

❖ The exact dates of Ramadan change every year. This is because Islam uses a calendar based on the cycles of the Moon.

❖ Each month in the Islamic calendar begins with the appearance of a new moon.

Do you know the names of the months in the Islamic Calendar?

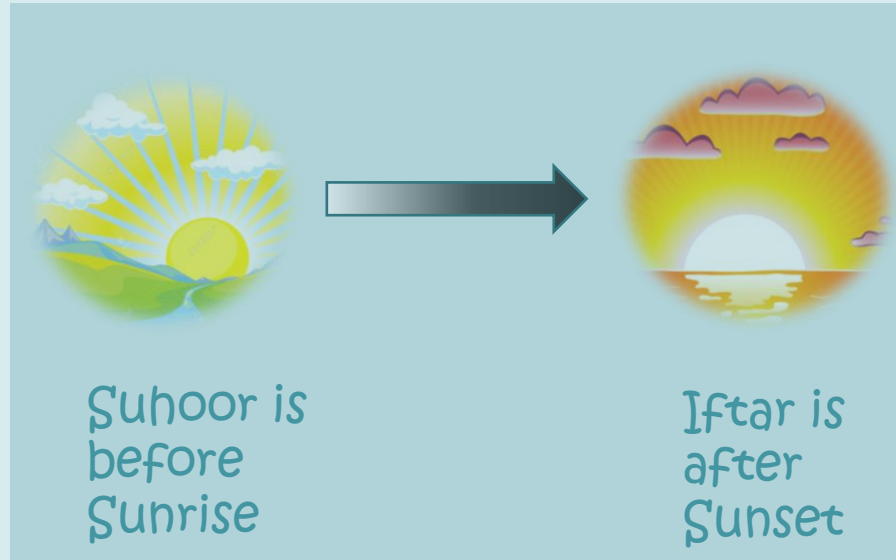


How do Muslims Fast?

What foods do you think are good to eat at Suhoor?

- ❖ During the month of Ramadan, Muslims do not eat or drink from sunrise to sunset.
- ❖ The start of the Fast is called **Suhoor**.
- ❖ The end of the fast is called **Iftar**.

What foods do you think are good to eat at Iftar?



Video Time!



Play the Video
to hear about
Aimen's
experience of
Ramadan!

[What is Ramadan.mp4 - Google Drive](#)

THINK! What do you think Aimen enjoys most about this Holy Month?

Rules of Ramadan

In Ramadan Muslims:

- ❖ **DO NOT** eat or drink from sunrise to sunset.
- ❖ **DO** pay special attention to their prayers and reciting the Holy Qur'an.
- ❖ **DO** try to avoid all bad actions and behaviour such as bad language, arguments, anger and telling lies.



What Rules do you follow at home or at school?

Do All Muslims Fast?

❖ No - All Muslims do not have to fast.

Activity – Look at the pictures below. Who do you think does not have to fast?



What else do Muslims do in Ramadan?



Read the Holy Qur'an regularly.

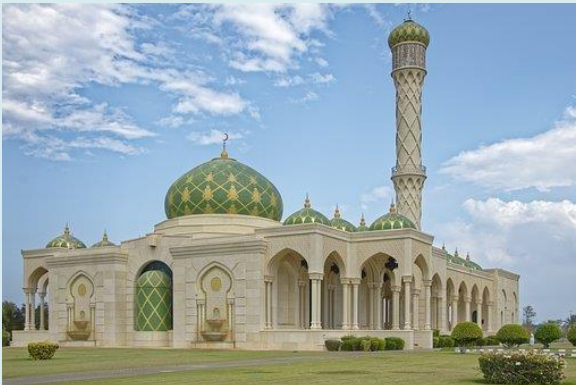
Give money to Charity to help the poor and needy.



During Ramadan, Muslims try to...

Go to the Mosque for Prayers as often as possible.

Do as many good deeds as possible.

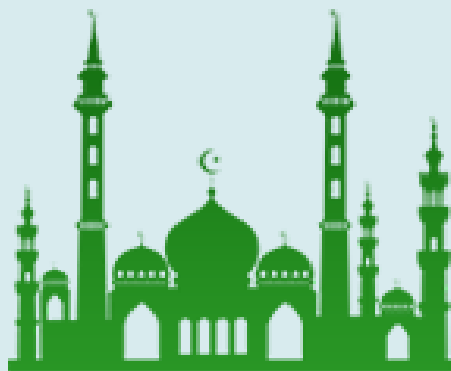


What do you think Muslims learn from fasting?



What happens at the end of Ramadan?

- Muslims celebrate the festival of Eid-UI-Fitr.
- On this day, Muslims thank God (Allah) for all the blessings of Ramadan.
- Muslims visit the Mosque for prayers, meet with their families and friends, eat lots of delicious food and exchange presents.



*Eid
Mubarak*



THINK! Do you celebrate any special festivals or events? What do you do to celebrate?

QUIZ TIME!

Let's see how much we remember about Ramadan!

❖ <https://docs.google.com/forms/d/e/1FAIpQLSenP6ywJYE-VnqHwAKRPtPSfVJBWda9ezGI6UCC1H07tgIFsA/viewform>

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